

This webinar will start shortly.

Thank you for your patience.
(No audio yet.)

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How Much Work Experience Do I Need to get into Medical School?

20 minutes discussion
25 Minutes Q&A from students

Host: Mark Williams
Founder of Medical Projects

Panelist: Minnie Kenworthy
Fifth year Medical Student

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Housekeeping and Introductions:

- This webinar will finish before 8pm
- We will send a recording and slides out within 48 hours
- Q&A section at the end
- Please use the Upvote system
- We will be using poll questions, get involved!

What is work experience?

- The main aim is to get an insight into the role of a doctor and to reflect on both the positives and negatives
- Medical schools want to know you've thoughtfully considered your decision to apply to medicine and understand what the career entails.
- Doesn't have to be shadowing!
- Working or volunteering in a caring role
- Hull York Medical School - "These places could be care homes, hospices, pharmacies, community voluntary organizations, general practice surgeries and hospitals"

How much work experience do I need?

- No minimum requirements
- You can never have too little work experience!
- What's important is how you reflect
- Universities are continuing to stay more lenient due to Covid

How to get work experience: Shadowing

- Contact family or friends that work in healthcare
- Your local hospital may offer a shadowing programme specific to students
- Ask your school if they have any contacts
- Email a GP practice
- You don't have to shadow a doctor, you can also gain great insight shadowing allied healthcare professionals
- Prepare a CV
- Medical Projects email and call template can help!

How to get work experience: Volunteering & Paid Work

- Demonstrate long term commitment
- Visit your local NHS organisation website or NHS jobs
- Visit the NCVO website
- Volunteermatters.org.uk

- Paid work could be at local pharmacy, a care home or as a healthcare assistant
- Prepare a CV
- You can also reflect on other types of work such as retail as long as you can relate it to medicine e.g. the teamworking aspects.

Free Online Work Experience

- Brighton & Sussex Medical School virtual work experience
 - “This course provides a 'virtual' work experience for those looking to apply to medical school. You will be introduced to the NHS before exploring the roles and skill sets of six different medical specialists. Along the way, you will also consider some of the challenges and wider issues doctors face.”
<https://bsmsoutreach.thinkific.com/courses/VWE>
- Observe GP
 - “It is a free interactive video platform providing insights into the role of a GP and the wider primary care team”
<https://www.rcgp.org.uk/training-exams/discover-general-practice/observe-gp.aspx>

Medical Projects Courses

- UK Medical Work Experience Week - London

Discount Code: MEDICSUMMER300 - £300 London course

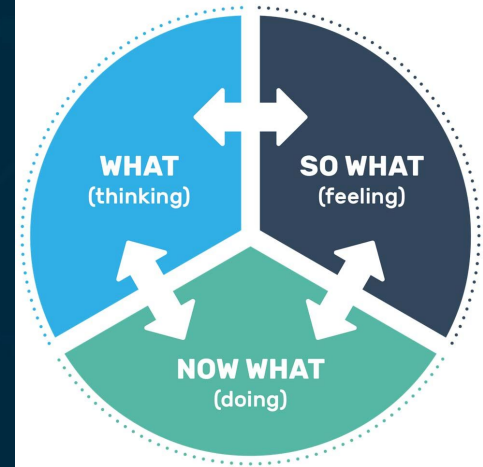
- Online Courses
 - Ward Round Live
 - A&E Live
 - Clinical Skills Course

Discount code: WEBINAR15 - 15% off all online course

Reflection

This is the most important part!!

- What happened?
- How did it make you feel?
- What did you learn from it?
- What will you take away and change for next time?
- Take a notebook with you on your work experience to jot down your thoughts as things happen
- Write a small reflection as soon as you get the chance, it's very hard to reflect on something that happened months ago!
- Use the Medical Projects template



gmc-uk.org

Q&A

Approx 20 minutes