

# Do You Have What It Takes To Be A Medical Student?

15 minutes discussion  
25 Minutes Q&A from students

Host: Mark Williams

Founder of Medical Projects

Panelist: Dr April Diviney

IMT1 Doctor

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# Housekeeping and Introductions:

- We will send a recording and slides out within 48 hours
- Q&A section at the end
- Please use the Upvote system
- We will be using poll questions, get involved!



Welcome:

Dr April Diviney!!

# Organisation:

- Stay on top of lectures (especially if they are online!)
- Know exactly when your assignments are
- Plan your revision timetable towards your assignment dates
- This applies to your A levels too... Start now!
- Organisation is the key to not being overwhelmed!
- Don't over study! Give yourself breaks

# You can't know everything...

- Medicine is too large to know/learn everything...
- Need to know vs. Nice to know
- Things you don't really need to know
- You're a student not a consultant!

# Know when to ask for help...

- Even the world's greatest medical students need help sometimes!
- Asking for help is a positive not a sign of weakness
- Use your “Buddy”
- Use the tutors/lecturers

# Teamwork...

- Essential for revision!
- Essential for exams/OSCEs
- Essential for being a Doctor
- Essential in life
- Essential.

# Learn to accept criticism...

- It will feel personal - But it's not!
- Accepting and understanding criticism will develop your communication
- Get stuck into simulations
- Don't be embarrassed
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# Enjoy yourself!

- Life is too short to stress over most things!
- University really is the best time of your life!
- Make friends
- Join strange societies
- Become a leader/organiser (bonus points towards your job!)

# Question time!

(approx. 25 minutes)

Please use the “upvote” system

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